## Math at Home

Turning Everyday Moments into Learning Opportunities

## Numeracy

- Alberta Education defines numeracy as the ability, confidence and willingness to engage with quantitative and spatial information to make informed decisions in all aspects of daily living.
- A numerate individual has the confidence and awareness to know when and how to apply quantitative and spatial understandings at home, at school, at work or in the community.


## Magnetic Numbers and Counting on the Fridge

- Place magnetic numbers on the fridge and encourage your child


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 to arrange them in order.- Create simple math problems.
- Can be used for everything from practice counting to basic math facts and more!



## Money Talks During Shopping

- Involve your child in shopping activities. Have them estimate the cost of items and compare it to the actual price.
- Discuss budgeting and involve your child in making decisions about purchases.



## Estimation Games

- Play estimation games at home. For example, estimate how many toys are in a jar or how many steps it takes to walk from one room to another.
- Involve your child in real-world measurements, such as estimating ingredient quantities while cooking.
- Which of these two containers do you think will fit more of the pasta noodles in it?
- How many Legos do we need to put together to build a tower as tall as you? As me?
- How many more goldfish crackers do you have than me?



## Number Talks in Everyday Situations

- Turn everyday activities into number talks. For instance, discuss time while setting a schedule or talk about distances and speed while traveling.
- Ask open-ended questions like "How many ways can we solve this problem?" to encourage different approaches to mathematical thinking.



## Board Games and Puzzles

- Play board games that involve counting, strategy, and problem-solving.
- Solve puzzles together, as they often require spatial and numerical reasoning.



## Math Story Time

- Incorporate math into story time. Choose books that involve counting, patterns, or spatial relationships.
- Create your own math stories or scenarios and encourage your child to come up with their own.



## Geometry in Everyday Objects

- Point out geometric shapes in the environment, such as rectangles in doors or circles in wheels.
- Play with building blocks or tangrams to explore spatial relationships and geometry.



## Cooking as a Math Lesson

- Involve your child in cooking and baking. Discuss measurements, fractions, and ratios while following recipes.
- Encourage them to scale recipes or double/halve ingredient quantities.



## Math Games Apps

- Use educational apps that focus on numeracy skills. Many apps provide interactive games that make learning math fun.
- Minecraft, Dreambox, and Brilliant are all great apps that will help children develop math skills in a fun and interesting way.


DreamBox
Learning Math
Individualized, game-based math adapts to kids' needs

## Learn

 interactivelyBRILLIANT

## Asking Good Math Questions

- Instead of providing answers, ask your child open-ended questions that promote critical thinking and problem-solving.
- Encourage them to explain their reasoning and discuss different approaches to solving problems.
- Two rules of thumb
- Rule 1: Try to understand your child's thinking.
- Rule 2: Build on what your child knows.
- Question 1: What do you notice?
- Question 2: How did you figure that out?
- Question 3: How can you show your thinking?
- Question 4: Do you see any patterns?

https://www.mathlearningcenter.org/blog/helping-home-


## Math at Home

- By integrating these activities into everyday life, parents can create a math-rich environment that fosters numeracy skills in a natural and enjoyable way.

